



## Information Sheet for Children (Ages 8–11)

Study Title: Provision for Parents on Psychiatric Inpatient Units (POPI)

IRAS ref: 340906



Hi, I am Dr Abby Dunn and I am a researcher who works with families to find out about how hospitals can be better for them.

### Why are we doing this study?

Sometimes, parents go into hospital because they are not feeling well in their mind. We want to learn what it's like for children when they visit their parent in hospital.

We are trying to find ways to make visits better for children and parents.

### What will happen if I say yes?

We'll ask you to talk with someone from our team on a video call.

You will be asked to draw a picture about visiting hospital. You can do this on paper or using a tool on the screen. We will then ask you to describe your picture to us. We will also ask you for ideas about how hospitals can be better for children and young people.

You can have a parent or carer with you if you want.

### Do I have to take part?

No. It's your choice. You can say no.

Even if you say yes, you can stop at any time.

You don't have to answer any questions you don't want to.

### What will we do with what you tell us?

We'll listen carefully to what you say and use it to help make hospital visits better for other children.

We won't use your name in anything we write down.

We'll keep what you say private unless we are worried that you or someone else is not safe.

We'll also ask if you're happy for us to use your drawing in reports we write about the study.

### **What if I feel upset?**

You can stop the session at any time.

You don't have to talk about anything you don't want to.

You can talk to someone you trust, and we'll give you some ideas for people who can help if needed.

### **What happens after the chat?**

We will send you a small thank-you gift (a £10 voucher).

If you made a digital picture we can send you a copy, if you would like.

### **What happens to my Information?**

We will use your name and contact details to help us do the study, but only a few people will see who you are because your information will be given a special code number instead.

We keep your information safe on secure university computers, only share it with trusted researchers in the UK, and we write about your answers, so no one knows you took part.

You can stop taking part at any time and ask us to delete your information. You can watch a short video that explains how we protect your information and your rights here: <https://www.youtube.com/watch?v=VII6V1MgZgY>

### **Who is doing this study?**

The study is being run by people at the University of Sussex.

Dr Abby Dunn is in charge. You can ask your parent or carer to contact her if you or they have any questions.

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